

Bowel Prep for Surgery Patients

Day Before Procedure

- CLEAR LIQUID DIET ALL DAY. Examples: Coffee, tea, apple juice, white grape juice, sodas, or soft drinks, Gatorade, tang, broth, bouillon, Jell-O and popsicles, and hard candy.
- At 4:00 p.m. take 1.5 oz of Fleet's Phospho-Soda and mix it with 24 oz of a clear liquid.
- At 8:00 p.m. take 1.5 oz of Fleet's Phospho-Soda and mix it with 24 oz of a clear liquid.
- You may continue your clear liquid diet until midnight.

Day of Procedure

- NOTHING TO EAT OR DRINK AFTER MIDNIGHT.

Other Instructions:

- Please read carefully the information enclosed with this instruction sheet. It will provide you with dates and times of important appointments that are necessary for surgery to take place. There are also instructions explaining what medications you need to avoid or discontinue for a period of time prior to your surgery. If you have questions about any of the instructions you have received, please call the office at (615) 284-4664.

