

Cystoscopy

What is Cystoscopy?

Cystoscopy is a bladder test where your provider will use a tiny camera called a cystoscope to look at the inside of your bladder. Some women have cystoscopy done here in our office, and others have it done in the surgery center.

Cystoscopy In Office

Cystoscopy performed in the office takes approximately 30 minutes and requires no anesthesia. A numbing medication called lidocaine jelly will be used to numb your urethra (the tube that carries urine from your bladder to the outside of your body). Your provider will then insert the cystoscope through the urethra into the bladder, along with a small amount of water, to allow the walls of the bladder to be more visible. The cystoscope is usually only in the bladder for 5 to 10 minutes. Most women say this is not painful. Allow 90 minutes for the entire office visit.

Cystoscopy In the Surgery Center

If you elect to have the cystoscopy in the surgery center, the surgery will be much the same as the in-office procedure except that an anesthesiologist will give you medicine to put you to sleep. Because you are sedated, your physician may also fill your bladder with more water than in the in-office procedure in order to get a clearer picture. This procedure can cause the bladder to stretch and may offer relief to women with symptoms such as urgency, frequency or bladder pain from interstitial cystitis. You will not be awake during the procedure, and you will need someone to drive you home. You should not eat or drink anything after midnight the night before your surgery.

Questions?

Contact the Center for Pelvic Health
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**Center for
Pelvic Health**

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