



Freeing women from the pain and embarrassment of pelvic disorders.

At some point in her life, nearly every woman will experience some form of pelvic health issue such as chronic pain, discomfort and incontinence. And yet, due to embarrassment or lack of understanding, only a small minority of those suffering will seek treatment.

A better quality of life is possible. The key is good communication and more effective treatment options.

At the Center for Pelvic Health, we take the time to actively consider all information pertaining to your situation. To ensure the best course of treatment for you, our care team of physicians, nurses and therapists will:

- Listen carefully to what you have to say.
- Conduct a thorough physical exam.
- Create a personalized care plan to resolve each issue.

With a proven track record of success in diagnosing and managing female chronic pelvic pain and urinary/fecal incontinence patients, our multidisciplinary team, led by Barry Jarnagin, M.D., utilizes a variety of therapies to treat disorders of the pelvic floor including physical therapy, in-office treatment and surgical interventions.

Following a thorough consultation and examination, each patient receives a personalized, comprehensive treatment plan that addresses all of the patient's symptoms and concerns so that effective therapies can be applied and surgery approached only as a last resort.

Our offices, conveniently located in Franklin, Tennessee, have been designed specifically to provide an esthetically soothing, non-threatening environment where privacy is respected and health issues can be discussed discreetly.

“I work in healthcare and I didn’t know this option and specialization existed. I have a renewed outlook on my life, I feel young again and I can tell you, the only person who is happier than me is my husband.”

- Debra (former patient)

Take Our Questionnaire:

- Does the fear of having an “accident” stop you from certain activities?
- Do you have a heaviness and sensation that “something is dropping” in your lower abdomen?
- Do you frequently have pain or unexplained pressure in your pelvic area?
- Do you have severe cramps or heavy bleeding during menstruation?
- Do you sometimes leak urine when you laugh, cough or sneeze?

If you answered "yes" to any of these questions, call us today and begin the process of getting your life back.

To set up an appointment or if you have questions, please call us at:

(615) 284-4664