

Rescue Solutions

Rescue Solutions are bladder medications that are put directly into the bladder by our nurses to help soothe the bladder lining.

- A small, infant catheter is used to minimize your discomfort. Most women do not complain of pain.
- We typically have you come to the office once a week for 9 weeks to have Rescue Solutions. If you miss a week or two, that is fine. You can pick up where you left off.
- You will need to remain in the clinic for 30 minutes following the first instillation procedure to ensure that you do not have a reaction to the medication (reactions are rare). Subsequent procedures usually only take 20 minutes.
- Most patients begin to experience improvement in their symptoms within 4-5 treatments. The majority of patients have significant improvement by the time they complete their 9 treatments. In rare cases, additional treatments may be needed.
- In the future, you may wish to have some additional rescue solutions. Sometimes patients will need rescue solutions as a booster when they are having a flare of symptoms.

