

# Signs and Symptoms of Urinary Retention

---

Center for Pelvic Health  
4601 Carothers Pkwy Ste 350  
Franklin, TN 37067  
(615) 284-4664  
[www.centerforpelvichealth.org](http://www.centerforpelvichealth.org)

1. Inability to start your urine stream, or dribbling only small amounts of urine.
2. Lower abdominal pain associated with a strong urge to urinate.
3. A feeling of incomplete bladder emptying.

If you experience these symptoms you either need to catheterize yourself to empty your bladder, or seek medical attention immediately.



**Center for  
Pelvic Health**

*An Affiliate of Saint Thomas Health Services*