

Urodynamics

- Urodynamics is a bladder test performed here in the clinic. It takes approximately 1 hour.
- This test evaluates incontinence, urinary retention, overactive bladder, and muscle control of the pelvic floor.
- During the test you will have a small bladder catheter and small rectal catheter that are connected to a computer that records your bladder function.
- You are free to go about normal activities before and after the test.

Pretest Instructions

- Please do not urinate one hour prior to your test. You may eat and drink as normal.
- Please do not take overactive bladder medications for 2 weeks prior to your test. Here is a list of bladder medications to stop 2 weeks prior:
 - ◆ Detrol LA, Ditropan, Oxybutin, Oxytrol, Vesicare, Enablex, Sanctura
- Please do not take antispasmodics for 2 days prior to your test. Here is a list of bladder medications to stop 2 days prior:
 - ◆ UroBlue, UTA, Pyridium, UriSpas, ProSed, Bentyl, Hyoscyamine

Post-test Instructions

- There are no special post-test instructions.

